DON'T SPREAD GERMS - WASH YOUR HANDS!

6 Steps to Flush Germs Down the Drain





SOAP



WASH FOR 20 SECONDS







TURN OFF WATER WITH PAPER TOWEL





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DON'T TOUCH YOUR MOUTH

That's how germs get in your body and make you sick

KEEP FOOD AND DRINK OUT OF ANIMAL AREAS

Including sippy cups, bottles, and pacifiers



CLOTHING AND SHOES Change your clothes and leave shoes at the door when you get home. Germs can "hitch a ride" on clothing and shoes.

Kids under five, senior citizens, pregnant women and those with underlying medical conditions are at higher risk for more serious infections.

More resources available at: umash.umn.edu/agritourism